

# Sustain Kanata North

Projects and Deliverables  
Before 2020

# Home Energy

- There are a lot of new government support for home energy retrofits and heat pumps.
- The examples of home energy audits in Beaverbrook Homes are still posted on-line.  
<https://www.envirocentre.ca/beaverbrook-home-energy/>
- Excellent resource - for information about home retrofits and more in Ottawa:  
<https://betterhomesottawa.ca>
- Another resource <https://www.envirocentre.ca/future-homes-ottawa/>
- Groups of neighbours could coordinate to possibly lower prices.

# Food: Community Gardens

- I would not recommend trying to start a community garden unless one has ownership of the land with a source of water. Community Gardens can take 2-3 years to get going. Much better to join an existing one!
- Existing Community Gardens:
  - [Trailing Edge Community Garden](#) at 295 Herzberg Road
  - [Kanata North Community Garden](#) at 1200 Klondike Road
- Just Food runs the [Ottawa Community Garden Network](#). They offer support and workshops for Community Gardens in Ottawa. They also have workshops and information for backyard gardeners.

# Food: Local Farmers

- [Kanata Farmers Market](#) Starts May 6, runs every Saturday until October 28<sup>th</sup> 9 am to 3 pm
- Residents can sign up for a basket of fresh produce (Community Supported Agriculture - CSA)
- [Beet Box](#) Farm is in the Green Belt along Carling Avenue
- [Heart Beet Farms](#) might be running a farm stand again this year in the Beaverbrook Centre.
  - At the Beaverbrook Mall (Centre) every Wednesday from July to December with our CSA baskets and online orders
- More CSAs are available [here](#)
- The [Good Food Box](#) was delivering out of the KBCA Community Centre but are primarily available from Merivale Road, & Downtown, possibly as there are several local weekend markets, including the Carp market

# Transportation

- Get involved in the [Kanata North Transportation Committee](#). I have sent them an email to see if they are still running. I am not sure how COVID has impacted them...
- I would not recommend trying to organize a Pedal Play event again! If a group would like to run a learn-to-bike program, they could contact [Ottawa Safety Council](#)